



**3<sup>rd</sup> Annual  
Northeast  
Erg  
Sprints**

**January 27<sup>th</sup>, 2018**

At Merrimack College  
North Andover, MA

Featuring events for all ages and skills.  
2k, 1k, 1', 2x, 4x – dashes, relays & teams.

Rowers from clubs, high schools and colleges.  
Athletes from CrossFit and fitness teams.

**We want you!**

Test your mettle against other athletes  
Warm-up for the C.R.A.S.H.-Bs

**Order new C2 Ergs from us at a discount**

[www.NortheastErgSprints.org](http://www.NortheastErgSprints.org)



*Hosted by:*



**Greater Lawrence Rowing**  
*A program of Greater Lawrence Community Boating*

